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Issue 5 41<u>st Year</u>

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Golden Crest Mobile Home Park Recreation Governing Board - 2017 - 2018

800 Main Street • Dunedin, Florida 34698

Golden Crest Mobile Home Park Recreation Governing Board - 2016 – 2017 800 Main Street, Dunedin, Florida, 34698

President	Eddie Kurth
Vice-President	Susan Grannell
Secretary	Rhoda Frampton
Treasurer	Jane Anne McĈabe
Members:	Judy Squires
	Marquis Guimond

Golden Crest Chairpersons - 2017 - 2018

Bingo CoordinatorBets	y Stevens & Crew
Bulletin Board (Inside)Caro	l Aldrow
Cards (Euchre)Ed K	urth
Clubhouse Outdoor SignLero	y Valleau
Fun & Picnic DayRec.	Board
Fun ShuffleboardLarr	y Peterson
Golden Crest Fun	
Games/PicnicArt &	& Jean Taylor & Crew
Hall Decorations(as required)Lero	oy Valleau
HalloweenLero	y Valleau
LibraryGeor	ge Bodie

New Year's Eve	.Rec. Board
News Bulletin	.Val & Bob Pippy
News Bulletin Distribution	Peter & Donna Brotherhood
November 11th	. Rec. Board
(alternate with Golden A	Acres)
Pancake Breakfast	Larry Peterson & Crew
Rummage Sale	.Carole Seely
	.Eloise Blanchard
Water Aerobics	.Rosella LeBlanc

A Complete Listing of Resident Services can be found on the page before your calendar











2.1

1	Betty Johnson	429
2	Irene Mancinelli	396
5	Anna Byrnes	309
2 5 5 5	Bernard McCauley	375
5	William Donaldson	439
7	Pat Reilly	460
7	Allan W Allen	320
8	Carole Seely	448
8	Sally MacMurray	350
9	Malcolm Bailey	444
9	Maureen Iacovino	308
9	Donna Mason	301
10	Richard (Sonny) Cissell	447
	Robert Allen	386
10	James Goggins	364
	William Smay	445
13	Eleanor Stouffer	352
14	Barry McTrach	354
15	Emile DiSalvo	473
16	Linda Ballantine	437
17	Al DiSalvo	475
18	Neil Seely	448
20	Sally Nicholls	420
	William Mulvenna	427
21	George Foltz	333
	George Bodie	306
26	Mary Redding	431
27	Patricia Gardner	328
28	Brian Levy	349
	William Lehman	409
29	Patsy Waldrop	348
	Frank Farina	322
31	Kathleen Donohue	432

A Complete Listing of Resident Services can be found on the page before your calendar



XX

XXXX



363

385

411

354 339

384

Golden Crest Anniversaries for July 2017:

- 3 Regis & Rosella LeBlanc
- 4 Gregory & Lana Gorman
- 5 Bernard & Blanche Stoneham
- 10 Barry & Dee McTrach
- 10 Arnold & Carol Aldrow
- 17 Hank & Pam Heyink

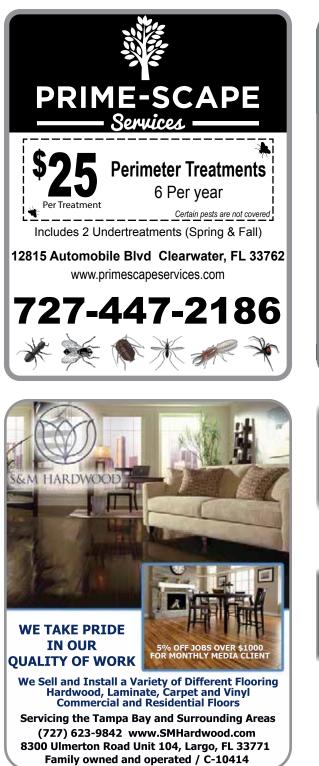
















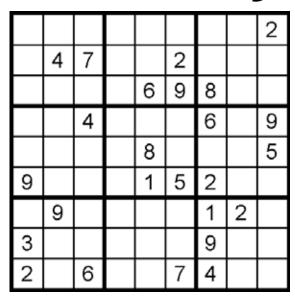


Golden Crest Mobile Home Park Recreation Board Calendar of Events for 2017 – 2018

MONTH	DATE	TIME	EVENT
April 2017	to October 20)17	No Activities Currently Planned
Nov 2017	Sat 11	10:30 - 11:00	Veterans Day at Golden Acres - Baking by Golden Crest
Dec 2017	Sat 02 Mon 04 Thurs 14 Sun 24 Sun 31	8:30 – 9:30 1:00 6:00 1:00 8:30	Pancake breakfast Recreation Board meeting Covered dish and Christmas caroling Luminaires set up at shed by clubhouse New Year's Eve- Cruising with Eddie. Rec. Bd. hosting
Jan 2018	Tues. 02 Sat 06 Sun 07 Fri 12 Sat 13 Thurs 18 Thurs 18	1:00 8:30 - 9:30 2:00 11:00 - noon 8:00 - 1:00 10:00 6:00	Recreation Board meeting Pancake breakfast Homeowner's Board election Pre-screening of rummage sale items RESIDENTS ONLY Rummage sale and bake sale Penny auction – after coffee hour Western chili & dance - Rec Bd hosting
Feb. 2018	Sat 03 Mon 05 Thurs 08 Sat 10	7:00 1:00 6:00 8:30 - 9:30	Vegas night - to be determined by Art Taylor Recreation Board meeting Valentine's covered dish & dance – Bandstand Pancake breakfast
Mar 2018	Sat 03 Sat 03 Mon 05 Thurs 15 Thurs 15 Sat 24 Mon 26	8:30 - 9:30 6:00 1:00 10:00 6:00 10:00 1:00	Pancake breakfast (final for fiscal year) Senior Prom - Ron and Classics Recreation Board meeting Recreation Board election – after coffee St. Patrick's Day covered dish Fun Day & Volunteer Appreciation Luncheon Recreation Board meeting (final for fiscal year)



July Sudoku













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4 9	L	2	G	l	9	3	8	6
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6	8	9	ε	2	2	4	٢	S
ε	4	8	6	9	7	5	2	٢
ŀ	6	S	2	3	8	L	4	9
L Z	9	L	ŀ	4	G	6	3	8



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JULY CROSSWORD

ACROSS

1. Pigeon pea 5. Render harmless 10. Close 14. Margarine 15. Water wheel 16. A three-tone Chadic language 17. Burning 19. Seed coat 20. September (abbrev.) 21. Litigated 22. Source of lead 24. Psyche 25. Luminous meteors 26. Raising 29. A Niger-Congo language 30. Cause to crash 31. Swarm 32. An Internet data exchange protocol 35. Thereto (2 words) 36. Hinged device used to pick up things 37. Goddess of the earth (Greek mythology) 38. Possess 39. Foam 40. Not late 41. Religious Islamic leaders 43. Diamond-shaped pattern (knitting) 44. Pertaining to small sacs in a compound gland 46. Hillside 47. Sieve tubes (Botany) 48. Goals or objectives

5. Unappreciated 6. Noticed or famed 7. Drv de Janeiro, Brazil 8. 9. Type of beet used as cattle feed 10. Soviet dictator Joseph

11. Ancestral

Samoa

3. Cannabis

4. Toss

1. Medical professionals

(1879 - 1953)

12. Mammalian liquid waste

13. Monetary units of Western

2. Found in skin lotion

56. An Algonquian people of North

Lang Syne

America

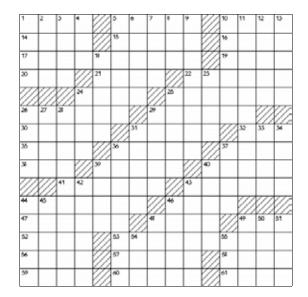
52.

57. City in Viet Nam

49. Traverse on snow

53. Moderately rich

- 58. A British noble title
- 59. Goes astray
- 60. Expended
- 61. Not false



DOWN

18. Utilizing

23. Winged

24. Stamp coinage

25. Borough in Scotland

26. Busy with (2 words)

27. Front part of a vessel

33. Basic structural unit of all

28. Aspirin or Tylenol

29. Typefaces

organisms

36. Victories

31. Feet of horses

34. Pay As You Earn

37. An instrument for

indicating a quantity

- 39. Flat mass of floating ice
- 40. Delete
- 42. Positive electrodes
- 43. Underarm
- 44. Rapidly
- 45. A whirring sound 46. Buffalo
- 48. A1
 - 49. Fly high

 - 50. Turkish monetary unit
 - 51. Small island
 - 54. Knock
 - 55 Drench





Artificial intelligence is coming

rtificial intelligence sounds scary in science fiction stories and movies, but it's becoming a big factor in business success, according to a report from Tata Consultancy Services. Its survey of 834 executives across 13 global industry sectors found that 84 percent of organizations see AI as essential, and 50 percent believe it will transform their businesses.

AI doesn't appear to be cheap, though. Seven percent of business survey said they invested more than \$250 million on AI in 2016, and 2 percent expect to spend a billion dollars by the year 2020.

Energy drink and vodka? Think again

E nergy drinks like Red Bull or Monster Energy are all the rage, and so is mixing them with alcohol for a more potent cocktail, especially among young people. But is it safe? In research reported on the WebMD website, the answer looks like "no."

Canadian researchers analyzed 13 studies involving alcohol mixed with highly caffeinated energy drinks. They found a higher rate of injury among people indulging in such cocktails compared with simply drinking alcohol by itself. Injuries included car accidents, falls, violence, and suicidal behavior.

The authors point out that the stimulant effects of energy-drink caffeine can mask the impact of alcohol, even though alcohol still has an impairing effect on the body and the brain.

Watch your waist in your 40s to avoid dementia later

arrying belly weight during the 40s appears to increase the risk for dementia in the 70s, whereas carrying extra midsection weight later in life isn't as accurate an indicator. Researchers say these findings are disturbing because 50 percent of adults in the United States are considered abdominally obese.

Researchers at Kaiser Permanente studied 6,583 people who were between the ages of 40 and 45. An average of 36 years later, 16 percent of the participants— who had been measured for abdominal density—were diagnosed with dementia. Abdominal obesity increased the risk of dementia regardless of whether people had normal overall weight or were overweight or obese overall—and regardless of the health conditions including diabetes, cardiovascular disease, and stroke.







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BAI HROUM REMUDEL	707 000 7007
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Bill the Carpet Guy COMPUTER SERVICES	
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Wize Pharmacy	. 727-953-9880
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Community Roofing of Florida, Inc	. 727-536-9999
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All Weather Roofing	. 800-297-3758
AMS Advanced MH Systems	. 727-471-0820
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Heller's Mobile Home Washing	. 727-545-2665
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JULY•2017

Sunday	Monday	Г
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9	10	
16	17	
23	24	
30	31	

Golden Crest

uesday	Wednesday	Thursday	Friday	Saturday
				1
4 endence Day	5	6 Coffee Hour - 9:30am	7	8
11	12	13 Coffee Hour - 9:30am	14	15
18	19	20 Coffee Hour - 9:30am	21	22
25	26	27 Coffee Hour - 9:30am	28	29
				AUGUST 2017 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31



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A simple answer

Seeker of spiritual truth decided to visit a very wise sage who lived on top of a mountain. The seeker climbed for weeks to make the painful ascent. When he finally reached the wise man's home, he asked, "What should I do to make my life happier?"

The sage responded, "To begin with, the next time you come to visit me, start on the other side of the mountain and take the train to the top."

The wrong answer

Two applicants, Smith and Jones, applied for work at an organization that had only one open position. The hiring manager sat the two of them side by side to take an aptitude test. When time was up, she found that both applicants missed only one question—the same one. After studying the results, the administrator announced that although both candidates had given the same wrong answer, candidate Smith had won the job.

"Wait a minute," Jones complained. "How can one wrong answer be better than another?"

"Well," the manager said, "on the one question you both missed, Mr. Smith wrote, 'I don't know this answer.' You wrote, 'Neither do I.""

The best listener

Speaker arrived for his presentation at a high school graduation and immediately became uneasy. The crowd was full of families talking with each other. Their small children ran around the gymnasium, shouting happily. It was not a crowd looking forward to a speech; people just wanted to see their kids graduate.

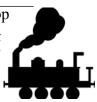
The crowd paid little attention to the speech. He tried all the attention-getting tricks he knew—changing the volume and pitch of his voice, walking about the stage, telling his funniest stories—but nothing worked.

Then he saw one man looking directly at him, smiling and nodding his head. The speaker remembered the value of focusing on a sympathetic listener. By concentrating on giving that one person the very best speech he could, he made it through the presentation.

Afterward, the principal of the school asked, "Would you like to meet any of the audience?" The speaker, wanted to thank the man on whom he'd relied to finish his speech. "Yes, I'd like to meet that gentleman over there."

"Certainly," said the principal. "But you know, of course, that he's completely deaf."







Bumblebees leave 'footprint' to mark flowers

umblebees may be smarter than you think. According to the LiveScience website,

Scientists at the University of Bristol have discovered that bumblebees mark the flowers they feed from with "smelly footprints" so they can distinguish between flowers that have been visited by members of their nests and those fed on by strangers. This also allows them to ignore flowers whose food is gone and identify better sources of nutrients.



In one experiment, researchers trained bees to discriminate between flowers marked by their nest mates and those scented by bees from a different nest. In a second experiment, bees were seen learning that flowers with footprints from their nest mates were more rewarding than those marked with their own scent.

In addition, the scientists discovered that bumblebees can tell the difference between their own footprints and those of their nest mates.

Space probe headed where no one has gone before

The New Horizons space probe made history with its flyby of Pluto in 2015, and now it's halfway to making history yet again. Its next destination is 2014 MU69, an object in the Kuiper Belt.

New Horizons has gone into hibernation mode for the next 466 million miles of its voyage, slowing down as it gets farther from the sun. The object is only about 1 percent of Pluto's size, and it's about 1 billion miles away from Pluto. Scientists at NASA are patiently awaiting another historic rendezvous in 2019.

Egyptians excavate undiscovered pyramid

It's not a "new" pyramid, exactly—it's 3,700 years old—but archeologists have unearthed a previously undiscovered pyramid from Egypt's 13 dynasty. One corridor and a block engraved with ancient hieroglyphics are in good condition, according to the Fox News Science website, and explorers will continue excavating to determine its full size and other details.

The pyramid was discovered 25 miles south of Cairo, north of the so-called "Bent Pyramid" built by King Sneferu, whose angle changes about half up. It's also near the smooth-sided Red Pyramid, built some 4,600 years ago.

Snefero's son Khufu built the Great Pyramid of Giza. The newly discovered structure was probably built about 1,000 years after his reign.

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Credit card debt on the rise

inancial counselors usually advise consumers to pay off their credit cards every month, but more Americans are carrying credit card debt from month to month since the most recent recession, according to the National Foundation for Credit Counseling.

A survey of more than 1,600 U.S. adults conducted in March found that 39 percent carry debt from month to month, up from 35 percent in 2016. Sixteen percent are carrying more than \$2,500 monthly, compared with 14 percent last year.



Other results from the survey: Younger adults were more likely than older adults to be denied a credit card (11 percent vs. 6 percent). They were also more likely to make a late credit card payment (11 percent vs. 5 percent), miss a payment (12 percent vs. 4 percent) or pay less than the minimum amount required (13 percent vs. 3 percent).

Online shopping: The latest stats

Shopping online is big business these days. A survey of more than 1,000 U.S. consumers by e-commerce platform provider Big commerce found that 96 percent of Americans shop online, accounting for 36 percent of their purchases.

The survey found that 80 percent of consumers make online purchases at least once a month, and 30 percent buy something at least once a week. Forty-eight percent reported spending more than they had originally intended.

Millennials do half their shopping online. Sixty-seven percent of them, along with 56 percent of Generation Xers, would rather shop via the internet, a preference shared by 41 percent of Baby Boomers but only 28 percent of senior citizens.

Giving up on losing weight?

The obesity trend in the United States continues, with the number of adults who are either overweight or obese expanding from 53 percent to 66 percent over a 26-year period from 1998 to 2014. Apparently many of us

have given up trying to fight it. According to the Journal of the American Medical Association (JAMA), the number of people actively trying to lose weight in the past year dropped from 56 percent to 48 percent over the same period.

Researchers theorize that the decline is due to changing perceptions about acceptable body weight.









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> > -Monthly Media Staff

AUGUST AD DEADLINE - JULY 10, 2016

• Advertise BUY, SELL, TRADE ITEMS by sending copy & check to Monthly Media at P.O. Box 1023, Venice, FL 34284. • Ads over 10 words must be accompanied by \$.80 per extra word or publisher will edit. • No mobile home sales, no professional products or services. SORRY: No ads accepted by phone or email. DEADLINE: 10th OF EACH MONTH.

Did you know that July is also...

National Cell Phone Courtesy Month. As the cell phone has developed into the smartphone, it's become one of the biggest distractions of all time. National Cell Phone Courtesy Month was founded in 2002 with the intent of making cell phone users more respectful of their surroundings.



Eye Injury Prevention Month. According to the American Academy of Ophthalmology, an estimated 90 percent of eye injuries are preventable with the use of proper safety eyewear. Even a minor injury to the cornea from a small particle of dust or debris can be painful and become a lifelong issue, so take the extra precaution and always protect your eyes.

Independent Retailer Month. Independent Retailer Month encourages consumers to shop at independent retailers locally, nationally and globally. Support and shop at independent retailers year round and use July as a time to unite as a celebration for the independent retailers across the country and in your community.



<u>National Farriers Week, July 9-15.</u> Honoring the men and women who care for and maintain the hooves of horses, a highly specialized trade that requires skill in hoof care, blacksmithing, and the care of injured and diseased hooves.

<u>Captive Nations Week, July 16-22.</u> A week aimed at raising public awareness of the oppression of nations under the control of Communist and other nondemocratic governments. It began in 1953 and declared by a congressional resolution and was signed into law by President Dwight D. Eisenhower in 1959.

<u>National Parenting Gifted Children Week, July 16-22.</u> Parents of gifted children need special understanding in order to raise and advocate for the social and emotional needs of their unique children. NPGC Week celebrates the joys and challenges of raising, guiding, and supporting bright young minds.

<u>Canada Day, July 1.</u> A national holiday celebrating the Constitution Act of 1867, which united the separate colonies of Canada, Nova Scotia, and New Brunswick into a single dominion within the British Empire called Canada.



<u>Independence Day, July 4.</u> The date of the Declaration of Independence, formally announcing the separation of the original 13 colonies of the United States from Great Britain.

<u>Official Shark Awareness Day, July 14.</u> Much as we love to fear this predator of the seas, the shark has a key role to play in keeping marine ecosystems in balance.

<u>National Mutt Day, July 31.</u> Also known as National Mixed Breed Dog Day, National Mutt Day is all about embracing, saving, and celebrating mixed-breed dogs. (It's also celebrated on Dec. 2.)

Underwater cave fish is first found in Europe

The first cave fish in Europe has been discovered by a German underwater cave explorer, according to the U.S. News & World Report website.

Cave fish have been discovered in other parts of the world, but the German discovery is the first time one has been found as far north as Europe. Scientists believe it arose some 20,000 years ago and has evolved to live in an underground environment.



The diving spelunker encountered the fish while exploring an underwater cave in southern Germany. The fish is almost colorless and resembles the stone loach found in rivers close by, although it has smaller eyes and larger nostrils.

Enhance your success with kindness

Nice people can finish first, insist Lisa Kaplan Thaler and Robin Koval in The Power of Nice:How to Conquer the Business World with Kindness (Currency). The book's core tenets remain worthy of consideration. Improve your "NiceQ" with these exercises:

- Be kind to yourself so it's easier to be nice to others.
- Share credit and treat everyone with respect instead of "kissing up and kicking down."

• Say no when necessary—but present it in a positive light. When turning down an assignment, help find someone else who can take it.

- Plant seeds of kindness by doing five nice things every day that have no quick payoff.
- Complete the statement "If I were a kinder person I would ..." and then act on it."

Don't let these get in your way

ften the biggest obstacle to our success lies in our way of thinking. Self-help guru Tony Robbins points out three mistakes you may be making that undermine your progress:

• Confirmation bias. When looking for data or advice, do you have a truly open mind or are you just looking for information that confirms what you already believe? If the latter, you could miss important facts.

• Recency bias. Everything changes, but if you ignore this fact of life you may end up repeating the same steps without making real progress. Just because something worked once doesn't mean it will continue to be successful. Review your strategies on a regular basis and be ready to change if they're no longer applicable.

• Loss aversion. Some of us tend to dwell more on our failures than our success, leading us to avoid risks at all costs. Anticipate failures so you can prevent them. Learn to accept and learn from your failures so you can move forward.

No guessing required

farmer was tending a flock of sheep in a field when a man in a sleek sports car screeched to a stop on the road nearby. The driver, a young man in expensive designer clothes and sunglasses, leaned out of the window. "If I tell you exactly how many sheep you have here, can I take one?"

The looked the young man up and down and answered, "Sure, why not?"

The young man stepped out of his car holding a state-of-the-art laptop computer. Using all the resources of the internet, including GPS and satellite imaging, he came up with a number: "You have exactly 800 sheep, including six rams and 184 lambs."

"That's right," said the farmer. "I guess you get to take one of my sheep." The young man made his choice and led the animal to the back seat of his car. But before the man could drive off, the farmer said, "Hey, if I can tell what you do for a living, will you give that back to me?"

"Sure," the young man said, feeling confident.

Without hesitation the farmer said, "You're a business consultant."

"How did you guess that?"

"I didn't guess anything," the farmer replied.

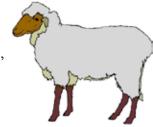
"You showed up here without being asked, you took a fee for an answer I already knew to a question I never asked, and you don't know anything about my business. Now give me back my dog."

Alleviate the split-shift blues

Today's nonstop global economy can be tough marriages and families. Separation and divorce tend to be higher among couples who work different schedules—and even when just one spouse works a night shift. How do you keep in touch—and keep your marriage and family strong—when you work a different shift from your partner? Here are some suggestions:

• Set aside an hour or two to talk. Make this together time for just the two of you a priority. Schedule it at least once a week, or as often as you need to.

• Keep it fun. When you and your spouse are together, make sure you make room for fun. Talk about the other niggling stuff like bills and errands at your weekly meetings or over the phone.





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The evolution of Independence Day

f Americans have one holiday in common, it's the Fourth of July. How long have we officially been celebrating independence from Great Britain? Here's a timeline:

• July 4, 1776. Members of the Second Continental Congress meet in Philadelphia and adopt the final draft of the Declaration of Independence.



• July 4, 1777. To commemorate the first anniversary of the signing, Philadelphians light candles and set off firecrackers. Yet with no sure outcome in the war for independence, celebrations are kept to a minimum.

• July 4, 1778. On the second anniversary of the signing, Gen. George Washington issues his troops a double ration of rum and orders a Fourth of July artillery salute.

• 1781. Massachusetts carries out the first official state celebration of the Fourth of July.

• 1801. The White House hosts its first public Fourth of July reception.

• 1870. Congress establishes the Fourth of July as an unpaid holiday for federal employees and the District of Columbia.

• 1938. Congress establishes the Fourth of July as a paid holiday for federal employees.

• 1941. Congress expands the 1938 law to include the District of Columbia.



